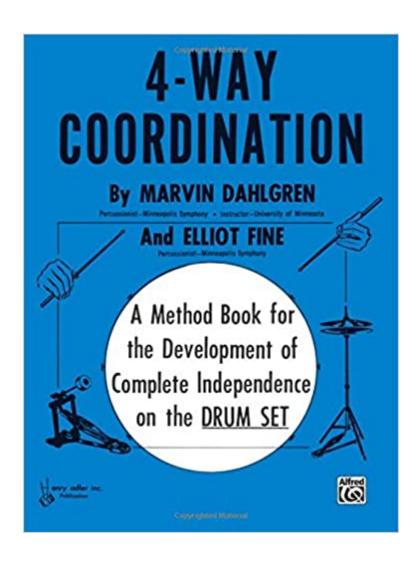


## The book was found

# 4-Way Coordination: A Method Book For The Development Of Complete Independence On The Drum Set





# **Synopsis**

Proficiency as a drummer has always come from great hand dexterity. However, with the introduction of modern drumming techniques, it has become increasingly necessary to gain complete independence of both the hands and feet. With various rhythmic exercises in easy-to-read notation, 4-Way Coordination is designed to guide the drummer from simple patterns to advanced polyrhythms. Through the study of this method book, the student will gain invaluable listening skills and techniques that will provide insight to drumming in all styles.

### **Book Information**

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#### Customer Reviews

Essential for the those wishing to improve on the drum set. Helps to break in to this contraption (which is were the identifier TRAPS originated).

Interdependence is the key to drumming, and I didn't have any hope of holding it until I came across this book. In just a few days of practicing the first sets of drills I found my arms and legs starting to think in time without playing off of each other. I look forward to working through the book several times until this becomes second-hand. Great book!

excelente

Good method for drum set learning

Very good book that develops limb independence. Goes from easy drum beats to complicated coordination so you can develop comfortably to more complex drum beats

Started practicing this shortly after it arrived. Add it to your warm up routine to keep sharp. It will challenge you in new ways and greatly improve your limb independence. Novice to expert--this is a must have in your music library.

As an amauteur drummer, this book really a very good one for learning basic exercises to practice the instrument I love. From the beggining the exercises seems easy, but not at all, so it became a relatively hard work fome. Well it really doesn't matter very much cause I enjoy it a lot, and I think that i will become a better drummer I hope!!! If it wasn't for, I will never have the chance to buy this, and I will be looking fothers in the future. Thank you people!!!

As a long time Sound Engineer, I decided 4 months ago, it's time to learn the drums. I am truly a poster-child for the uncoordinated. I cant play video games...SO I started out on the drums and my body fights me every step of the way,I am slowly going through the lessons in this book and as I get proficient with each exercise, I feel the freeing of my uncoordinated body. This book is perfect for the beginning drummer who has at least the ability to play a standard drum beat.

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